

A Children's Guide to Turkey



About Turkey

Age 7-11

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There is a lot of fun and surprising things to know about Turkey such as did you know that St Nicholas, better known as Santa Claus, was born in Turkey?

Try to practice these common expressions, it's all in the head! To indicate yes nod your head forwards and down. To indicate no raise your head up and back whilst raising your eyebrows. To indicate that you don't understand move your head from side to side.

Do you like a BBQ in the sun? So do the Turks, they enjoy BBQ's for breakfast, lunch or dinner!



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Did you know that Noah's Ark, loaded with 2 of each type of animal, landed on Mount Ararat in Turkey following the great flood. Today you can eat a sweet & sour pudding called 'asure', which was the last meal served on Noah's Ark.

Turkey is a nutty place producing 65% of the world's hazelnuts and they introduced coffee and cherries into Europe.

Have you heard of bullfighting in Spain? Yes, but I bet you didn't know that the Turkish equivalent is camel wrestling!



Turkish Food

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Turkish Food

Sis Kebabs



Known to us as the shish kebab these may be served with veg.

Hamsi



Hamsi are tiny fish or anchovy and are usually grilled

Ekmek



Ekmek is a light flat bread often served with cheese

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Kofte

The Kofte Kebab or Sis Kofte is a minced lamb meatball with herbs, which often include mint and parsley.

You can make your own Kofte Kebab with the help of an adult. It is traditionally served with a cabbage salad or soup but you could enjoy this dish with rice. You could also make the same dish by replacing the lamb with potato.

Simply mix the ingredients below and mould into balls or any shape you wish. Fry the meatballs in a pan with a little oil until cooked and brown.

- 1 cup of breadcrumbs
- ½ kg ground lamb or beef
- ½ tsp salt
- ½ tsp pepper
- 1 tsp ground cumin
- 1 tsp dried mint
- 2 cloves chopped garlic
- 2 tbsp parsley
- 1 egg
- ½ tsp allspice



Things to Say

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Things to Say

Yes	Eh vet
No	Hah yuhr
Hello	Mehr hah bah
Goodbye	Hosh cha kal
Please	Luet fen
Thank you	The shek uer eh
My name is	Benn im ad uhm
What's your name?	Ad uhn ne?

Hotel



Otel

Restaurant



Rest-o-ran

Things to Say

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Numbers

One

Two

Three

Four

Five

Beer

Icki

Uech

Dirt

Besh

Colours

Khiri mizi

Mao vee

Saa nh

Yea sheal

See yuh

Bei azh

Printable Questionnaire

Q1. St Nicholas was born in Turkey but how is he better know?

- Justin Bieber Julius Caesar Santa Claus

Q2. Which famous ship landed on Mount Ararat?

- Titanic Noah's Ark The Black Pearl

Q3. Which nut is grown in Turkey?

- Hazelnut Peanut Nut & bolt

Q4. What sport in Turkey is the equivalent of Spain's bullfighting?

- Hockey Camel wrestling Emu riding

Q5. Which of these is a favourite kebab eaten in Turkey?

- Dog food kebab Peach kebab Kofte kebab